

10 Days of Prayer between Ascension and Pentecost

Another idea, similar to what we did during Holy Week, is to light a candle each night between Ascension Day and Pentecost Sunday. (but ONLY IF IT IS SAFE TO DO SO! – if not perhaps switch on a lamp or torch or another source of light.) With daylight hours being longer we thought we could do it at 9pm. (you may want to let your neighbours know why too.)

We suggest during this time each evening we could start by saying the Diocesan prayer ‘together’ , read the Psalm and reading for each day (below) and end with the Lord’s Prayer (in whatever version you prefer). Also see overleaf for ideas to pray for others.

Diocesan prayer:

Father, pour out your spirit upon us, Grant us a new vision of your glory, a new experience of your power, a new faithfulness to your word and a new consecration to your service; that your love may grow among us and your kingdom come; Through Jesus Christ our Lord. Amen.

Readings for Daily and Evening Prayers each Day

Thursday 21 st May	Psalm 8	Hebrews 9.24
Friday 22 nd May	Psalm 145	Hebrews 2.8b-10
Saturday 23 rd May	Psalms 84, 85	Romans 8.38,39
Sunday 24 th May	Psalm 47	John 7.37-39a
Monday 25 th May	Psalm 18	Isaiah 40.28-end
Tuesday 26 th May	Psalm 68	1 Corinthians 12.4-7
Wednesday 27 th May	Psalms 36, 46	Joel 2.28,29
Thursday 28 th May	Psalm 139	Luke 11.9-13
Friday 29 th May	Psalm 147	2 Corinthians 1.20-22
Saturday 30 th May	Psalm 48	2 Corinthians 3.17,18
Sunday 31 st May	Psalms 67, 133	John 20.21,22

As our Saviour taught us so we pray:

Our Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

or

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread .Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

PRAYING FOR YOUR 5 DURING THY KINGDOM COME

'Thy Kingdom Come' encourages every Christian to pray for 5 individuals so that they would know God's love for them in Christ. Here are some themes and ideas you can use each day:

ASCENSION DAY - Jesus

Pray for your 5 friends to encounter Jesus in all his grace, challenge and love, that they might say with St Paul, 'For me, to live is Christ'.

FRIDAY AFTER ASCENSION - Praise

Pray for your 5 to be woken up to all that they have already received from God in their lives, and all that he offers them in Christ, that they might praise him.

SATURDAY AFTER ASCENSION - Thanks

Pray for your 5 to recognise the goodness of God in their lives, that they would turn to God in gratitude and trust.

SUNDAY AFTER ASCENSION - Sorry

Pray for your 5 to be led by the Holy Spirit to understand the cost of God's love for them in Christ, that this great sacrifice would lead them to repentance.

MONDAY - Offer

Pray for the Holy Spirit to bring an understanding of life in all its fullness that will be theirs as your 5 put everything they have at the disposal of God.

TUESDAY - Pray for

Pray for the Holy Spirit to work in the lives of your 5 now, as you pray for specific things that you know they face.

WEDNESDAY - Help

Pray for your 5 that they would know that they never have to face anything alone, but that in their need they would call on God for help.

THURSDAY - Adore

For the eyes of your 5 to be opened to all that Jesus offers them and that they would turn their faces to him and enjoy the warmth of his love.

FRIDAY - Celebrate

Pray for yourself and those others the Lord sends to help show your 5 their route home to God, that they would know the loving father running to greet them.

SATURDAY - Silence

Pray for the Holy Spirit to put on your heart the desires of heaven for your 5.

THE DAY OF PENTECOST - Thy Kingdom Come

Pray 'Come Holy Spirit' for your 5 friends, that they may joyfully enter the Kingdom of God and find themselves used by God to pray and act 'Thy Kingdom Come'.

May God bless you on your journey between Ascension Day and Pentecost.